

Babel Day Centre (www.babeldc.gr) is a mental health unit for migrants in Athens that started its operation in November 2007. It is part of **Syn-eirmos NGO of Social Solidarity** (www.syn-eirmos.gr) and is funded/supervised by the Greek Ministry of Health as part of the National Mental Health System.

Clinical work: Babel's interdisciplinary team (psychiatrists, child psychiatrist, psychologists-psychotherapists, social worker, nurse, occupational therapist, speech therapist, linguistic facilitators) receives requests from anyone irrespective of age, gender, ethnicity, religion, residence status (legal or not) in our country. Access to Babel is open to anyone (with only exception: people who face addiction problems) and services are provided for free. The overall goal of Babel is to provide the appropriate care and support services to underpin migrants' resilience. To achieve this, efforts are made to create a "home" able to actively listen, understand, and support any person (individual, couple, family, group) addressing a request to Babel related to mental health. In this space, besides having the mental disorder symptoms treated, it is possible for the applicant to establish the meaning of the loss of country has for them as well as the expectations of a new life on an individual, family and social/cultural level. Emphasis is given to the individualised approach, while the individual care plan prepared and implemented is the result of negotiation between the framework and the person to whom the service is provided.

Professionals' support: Support to professionals and volunteers active in the work with migrants and refugees is another field of Babel interest. Support takes the form of training, supervision and consultations.

Advocacy: Finally, Babel participates actively in advocacy initiatives, jointly with other organizations aiming at safeguarding migrants' rights.

Important projects to date

Integration Paths: The "Integration Paths" project is addressed to asylum seekers and refugees who plan to live in Greece and receive mental health services at Babel Day Centre. It aims to support them face challenges they meet in their everyday life in different domains (i.e. accommodation, accessibility to health services, education, employment) and to accompany them in their integration path in the creation of their new "home".

REVERT: Resilience without Violence, Resistance without Hate: The project REVERT aims at improving responses to xenophobic and racist behaviour and creating the conditions of a harmonious and welcoming environment for all in public transport, where inter-ethnic interaction occurs daily. <http://www.revertproject.eu/>

Covid_19 Refugee Info: A website that provides updated information regarding Covid-19 pandemic in English, Greek, Arabic, Farsi, Urdu and French addressed mainly to refugees and migrants living in Greece. The users can have access to information about Covid-19, good practices and coping strategies. <https://covid19refugeesinfo.gr/>

Frontline-covid19.com: The <https://www.frontline-covid19.com/> provides useful information and tools for managing the psychosocial effects of the Covid-19 pandemic to the frontline workers and the general population as well.